

SERVICES AVAILABLE

ADL Assessments

Home Assessments

Household Help (OT)
Assessments – WorkSafe

Benefit and Support
Service Assessments
(BASSA) – TAC & WorkSafe

ACTIVITIES OF DAILY LIVING (ADL) AND HOME ASSESSMENTS



Occupational Focus provides assessments for individuals in their homes, who are experiencing issues performing particular activities and maintaining their independence in Activities of Daily Living (ADL).

Occupational Focus strongly believes in promoting independence in performance of everyday occupations. For some individuals, it is about changing their understanding of what “independence” is. For example, provision of equipment and adaptations to the home or use of energy conservation techniques, this can help promote and maintain one’s independence, rather than just saying I can’t do it.

Occupational Focus aims to maximise and promote independence in performance of everyday activities, and this can be facilitated in many ways including:

- Functional education and re-training in adaptive techniques
- Provision of equipment and home modifications
- Graduated resumption of daily living tasks appropriate to the injury and stage of recovery
- Encouraging active self-management of the injury through the use of such techniques as activity and pain diaries
- Assisting the client to find ways to compensate for functional limitations through the use of adapted techniques and equipment; and
- Recommending external assistance where independence cannot be maintained either temporarily or permanently. Services recommended being appropriate for the injury, stage of recovery and household circumstances

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